



How To Pack:

- Think of your bag as being divided into three horizontal layers. Place your shoes and any other bulky or hard items in first for the bottom layer. Fill in the spaces between them with smaller items, like underwear and T-shirts.
- The second layer is for larger clothing items—fold them as you would normally and lay them on top.
- The third tier is anything you might want to access on your way from A to B—an extra layer if you're traveling somewhere cold or a lighter one if you're going somewhere warm. Your bag of liquids should be in this layer, too, as close as possible to where your bag opens to make it easy to grab for security. Also, anything that might break or spill should be in this top layer so that the other items in your bag don't squish it.
- Remember to roll rather than fold, somehow it seems that bags will hold more if the clothes are rolled rather than folded. An added benefit – they will crease less.
- When it comes to packing, you need to make use of every little inch of suitcase space that you can. Roll tops, underwear, socks and other small items and stuff them into your shoes to make sure every possible space is filled.
- Wear your heaviest clothing on the plane to save space in your luggage. You can always take off your jacket and use it as a pillow.
- Pack your electronics together – this makes it easier for security to identify them when scanning.

Packing Light:

- As a rule of thumb, you probably don't need more than three T-shirts, two pairs of pants, a sweater, a day-to-night dress and one or two seasonal items (like a bathing suit). For shoes, wear casual ones on the plane and pack nicer ones. Add underpants for every day—and ladies don't forget bras or other foundation garments. if you are travelling for more than three weeks, plan to wash on the road and include detergent.

You've now been handed the knowledge so stop procrastinating and get packing!